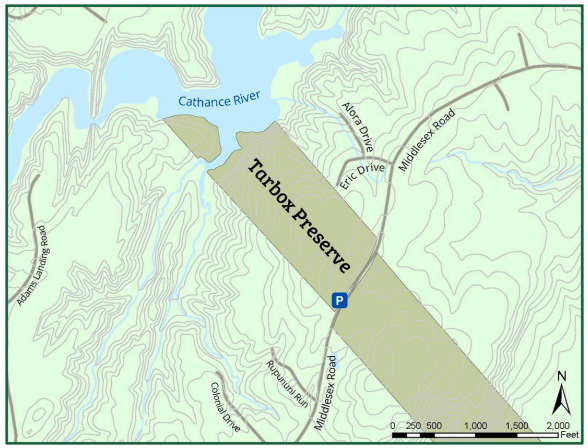
TARBOX PRESERVE

The 123-acre Tarbox Preserve was acquired in 2017 by the Brunswick-Topsham Land Trust. The property includes mixed wood upland forests, fields, active vernal pools, wetlands, and 4,030 feet of river frontage on the Cathance and Muddy Rivers.

The property has more than 21 acres of freshwater wetlands, and approximately 80 acres of upland buffer. It contains a USFWS High Value Habitat, which is designated as an Inland Waterfowl and Wading Bird Habitat along the Muddy River and offers important riparian buffers. There is also water access for fishing and observation where those paddling on the Cathance River can pull up a kayak or canoe and enjoy walking the trails.

Historically, the Abenaki people used these rivers for transportation, food, and settlement. The property today continues to hold natural and cultural resources that are critical for medicinal, craft and ceremonial uses. In the years since colonization, the property has been used for timber harvesting, farming, and recreation. Prior to its acquisition by the Land Trust, the property was owned by the Tardiff family for generations. Conservation of this property was funded by the Maine Natural Resource Conservation Program.

The public can access the property north of Middlesex Road via a nearly mile long trail system that begins at the parking area just off of Middlesex Road. The trail connects to the Woods Road and the Ravine Trail which lead out to Picnic Point on the Cathance River.



DIRECTIONS TO PROPERTY

From Maine Street in Brunswick, cross the bridge into Topsham then turn right onto Elm Street. Continue 0.7 miles onto Middlesex Road and follow for 3.2 miles before arriving at approximately 660 Middlesex Road, where a dirt parking area is located on the left side of the road opposite the house on the other side of the road.

TRAIL USE RESTRICTIONS

- Open dawn to dusk.
- On-leash dogs permitted (waste removal required).
- No off-road vehicles, bicycles, snowmobiles, or horses.
- No fires or camping.
- Stay on marked trails.
- Bow hunting allowed in northern parcel by permission only.

BRUNSWICK-TOPSHAM LAND TRUST

179 Neptune Drive Brunswick, ME 04011
(207)729-7694 | www.btlt.org

BRUNSWICK-TOPSHAM LAND TRUST

Tarbox Preserve

TRAILS

Online maps available at www.BTLT.org/trailmap

Brunswick-Topsham Land Trust's mission is to conserve and steward vital natural areas, support a vibrant local food system, and connect people with the natural world through inclusive education and recreation programs.

BRUNSWICK-TOPSHAM
LAND TRUST
Tarbox Preserve
Preserve
Trails
Parking area
Roads
Cathance River
Picnic Point
Alora Drive
Eric Drive
Middlesex Road
Ravine Trail
Woods Road
Woods Road
Middlesex Road
P
P
N
0
250
500
1,000
Feet